



Annual Capital City Striders Invitational

Laidley Field - Charleston, West Virginia
June 11- 12, 2010

Hotel List

<u>Miles to Track</u>	<u>Downtown Hotels</u>	<u>Rates</u>		<u>Phone #</u>
1	Embassy Suites	\$129.00	Meet Headquarters	304/347-8700
1	Best Western	\$ 89.00		304/345-9779
1	Holiday Inn Civic Center	\$ 89.00		304/345-0600
1	Holiday Inn Charleston House	\$ 84.00		304/343-4661
1	Fairfield Inn by Marriott	\$ 79.00		304/343-4661

There is a 12% tax on lodging in West Virginia.

You must tell hotel reservations you are with the **Capital City Striders Invitational** or USA Track & Field in order to get the above rates. Rates are based on availability. Laidley Field is located at Elizabeth Street and Piedmont Road on the east side of Charleston

Directions: I-77 to Greenbrier Street Exit (99); South on Greenbrier Street to traffic light at Washington Street, right on Washington to next traffic light at Elizabeth Street; right on Elizabeth 3 blocks to Laidley Field (on the left).

For more information on what to do in West Virginia, call the Charleston Visitors and Convention Bureau at 304/344-5075.

Also Note Additional 2010 Meets In Charleston:

WV District AAU Qualifier
May 29, 2010

AAU Athletics National Qualifier
June 17th thru 20th

To Norfolk State University in Norfolk VA
Great time to be in Charleston!!

For more information, e-mail Paul Gilmer (pjgilmer@aol.com)
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